

Anja S. Østgård

Advisor

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PROFILE

Anja S. Østgård is an advisor at ILPI and is mainly working on the Angola Human Rights Training Project. She holds a Master of Arts degree in International Relations from War Department at King's College London, and a Bachelor of Arts degree in Spanish and Latin American Studies in combination with International Studies from the University of Bergen and the University of Oslo respectively.

Prior to coming to ILPI, Østgård worked at Human Rights Watch London, International Education Office at the University of Oslo, and completed an internship at the Royal Norwegian Embassy in Lisbon, Portugal. She has worked and studied in various countries such as Mexico, Brazil, USA, Portugal, UK and Mozambique.

SELECTED WORK EXPERIENCE

Advisor

International Law and Policy Institute (ILPI), Oslo, Norway

Aug 2013
— Present

- Mainly working on the Angola Human Rights Training project, a cooperation between the Angolan Ministry of Justice and Human Rights and the Norwegian Embassy in Luanda:
 - Organisation and implementation of international delegation visits, including human rights courses, trainings and seminars in Norway and Angola, for Ministry personnel and civil society representatives.
 - Develop human rights course programmes, content and material.
 - Research and translation of course material from English to Portuguese, simultaneous translation of lectures, questions and answers, both in Angola and Norway.
 - Editing and assistance with human rights articles, reports and publications.
 - Research, appraisals and input about the human rights work in Angola with focus on targeting the trends and needs for further capacity building and project development.
 - Part of developing human rights courses and teaching material at the Faculty of Law at University of Agostinho Neto in Angola and other higher education institutions.
- Part of the ILPI Communication Team:
 - Responsible for editing website articles and website updates at ILPI.
 - In charge of transfer to new website and content publications.
- Associated with ILPI Centre for African Studies and ILPI Centre for Human Rights.

Freelance journalist,

World Outline, International News website, London, UK

Apr 2013
— Jun 2013

- Research and articles on international news and events.

<p>Research and Information Assistant, Social Enterprise, London, UK</p> <ul style="list-style-type: none"> ▪ Research: <ul style="list-style-type: none"> ▪ Conducted research on the impact of the company for the development of statistics and outcome for the enterprise donors. ▪ Media and Communication: <ul style="list-style-type: none"> ▪ Developed media and communication strategy for the expansion of the company, as well as the layout to the company's new website. ▪ Social media updates and outreach about enterprise activities. 	<p>Feb 2013 — Aug 2013</p>
<p>Database Assistant, Development and Outreach, Human Rights Watch, London, UK</p> <ul style="list-style-type: none"> ▪ Research: <ul style="list-style-type: none"> ▪ Conducted research including Human Rights Watch's (HRW) work globally in the interest areas of donor foundations, the presence of HRW in the media, and selected adequate information for reports and briefings for donors, staff and committee members. ▪ Organisational and logistical work: <ul style="list-style-type: none"> ▪ Organisational and logistical work for annual dinners in London and Oslo, in addition to other human rights events. Main point of contact for project management in the absence of the Oslo and Foundations Director. ▪ Database management: <ul style="list-style-type: none"> ▪ In charge of gift entry for all London and Oslo donations, monthly accounting reports and follow-up correspondence. 	<p>Jun 2012 — Dec 2012</p>
<p>Executive Officer, International Education Office, University of Oslo, Norway</p> <ul style="list-style-type: none"> ▪ International students and the UDI: <ul style="list-style-type: none"> ▪ In charge of progression reports for the Norwegian Directorate of Immigration related to residence permits for all international students. ▪ Consultation and information work: <ul style="list-style-type: none"> ▪ Carried out consultations and assistance on student enquiries. ▪ Worked with design and content for information guides, website updates, as well as organising student seminars. 	<p>Feb 2011 — Sep 2011</p>
<p>Trainee, the Royal Norwegian Embassy, Lisbon, Portugal</p> <ul style="list-style-type: none"> ▪ Research and reports: <ul style="list-style-type: none"> ▪ Research and writing reports on a wide range of topics for the Ambassador and the Norwegian ministries. In charge of a joint Scandinavian report about human trafficking, as well as other topics such as the economic situation in Portugal and the EU. ▪ Background research and analytical work for internal MFA reports. ▪ Attended seminars and translated content and reports for the Ambassador on a daily basis. ▪ Organisational tasks: <ul style="list-style-type: none"> ▪ Organised official visits from the Norwegian government, organisation and logistics for the Hydro Conference 2010 and NATO summit 2010. ▪ Working on the EEA-Grants portfolio and taking part of the development for the next Grant-period. ▪ In charge of writing articles and updating for the Embassy's official website. ▪ Attended official meetings and represented the Embassy. 	<p>Jul 2010 — Feb 2011</p>

EDUCATION

Law Faculty, University of Oslo, Oslo, Norway <ul style="list-style-type: none"> ▪ Freedom of expression and media regulation. A law course with a focus on national and international framework for freedom of expression. 	Jan 2016 — June 2016
Law Faculty, University of Oslo, Oslo, Norway <ul style="list-style-type: none"> ▪ Privacy and data protection. A single law course which treated the basic rules and principles for protecting privacy and personal information. 	Jan 2015 — June 2015
War Studies Department, King's College, London, UK <ul style="list-style-type: none"> ▪ Master of Arts in International Relations. ▪ Dissertation (distinction): The usage of ICTs and social media in the uprisings in Syria and Egypt. ▪ Master courses: Theories of International Relations, Concepts and Method of International Relations, evolution of insurgency, post-colonialism, Brazil and globalisation. 	Aug 2012 — Sep 2013
University of Oslo, Norway <ul style="list-style-type: none"> ▪ Single courses in Portuguese Grammar and International Politics and Development. 	Aug 2010 — June 2011
University of Bergen and University of Oslo, Norway <ul style="list-style-type: none"> ▪ Bachelor of Arts in Spanish and Latin American Studies combined with International Studies. ▪ BA thesis: The effect of U.S. Foreign Policy in the state and nation building in Guatemala through the case of United Fruit Company. ▪ First semester completed in Brazil, fall 2005. 	Aug 2005 — Dec 2009

LANGUAGES

- **Norwegian** — Fluent (mother tongue)
- **English** — Fluent
- **Spanish** — Working knowledge
- **Portuguese** — Working knowledge

PUBLICATIONS

- Hostmaelingen, N 2016, Teixeira, C, Ostgard, AS and Silva, ALA (red.) *Human Rights at a Glance/Direitos Humanos num Relance*, Edições Sílabo, Lisbon.
- Hostmaelingen, N 2016, da Silva, J, Ostgard, AS and Silva, ALA (red.) *Compêndio de Direitos Humanos*, Presis, Oslo.
- Ostgard, AS 2013, 'The Arab Winters: Has the changed discourse allowed the international community to avoid responsibility?' *The World Outline website*, London.

ADDITIONAL EXPERIENCE AND TRAINING

- Volunteer in the Course Holder Group at the Oslo Red Cross, started January 2016 and ongoing.
- Law in social media. One-day intensive course by Jon Wessel-Aas organised by the Institute for Journalism, Oslo 22 April 2015.
- Intensive Portuguese language course with a focus on in-depth knowledge about the social, political, economic and historical situation in Mozambique, as well as the human rights situation in the country. Held at *Nova Escola de Línguas* in Maputo Mozambique, July 2014.
- Experienced user of standard Microsoft Windows tools and programmes, web publishing, the Adobe package and editing in various programmes such as WordPress.
- In-depth knowledge of Raisor's Edge database.